



Witehi Wi
The Midwinter Moon
January 2024

WAPAHA SKA



DAKOTA WOTANIN

DAKOTA WOTANIN

Wasuton Wi — January 2024

Wapaha Ska Dakota Wotanin

Will be posted to the website during the first week of the month

REMINDER:

THE NEXT WAPAHA SKA
DAKOTA WOTANIN
SUBMISSION DEADLINE IS:
Monday, January 29th , 2024 @
4:30 PM

Forward Submissions to:

receptionbo@whitecapdakota.com

Or call 306-477-0908

Thank you.

WHITECAP DAKOTA NATION

182 CHIEF WHITECAP TRAIL

WHITECAP, SK S7K 2L2

TELEPHONE: 306-477-0908

FAX: 306-374-5899

www.whitecapdakota.com

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NEXT ISSUE:

FIRST WEEK OF February 2024

WHITECAP EMERGENCY DIRECTORY

FIRE EMERGENCY

Call : 911

POLICING SERVICES

Contact: 911
Complaints & Inquires:
306-975-5145

MEDICAL EMERGENCY

Contact MD Ambulance Dis-
patch:

OUTAGE/NATURAL GAS REPORTING

SaskPower Outage Reporting:
306-310-2220

MEDICAL TRANSPORTA- TION

Medical Taxi: 306-373-4600
Weekdays Only: 8:00am—
4:30pm
After Hours: 911
MD Ambulance Services

Poachers (TIP) Program

24 hours: 1-800-667-7561
SaskTel Cell: 55555

SELF HELP

& OTHER

Saskatchewan Crime Stoppers:
1-800-222-TIPS (8477)

Suicide Crisis Line:
306-933-6200

Kids Help Line/Suicide Hotline:
1-800-668-6868

STC Well-Being Services
Child Neglect/Protection Concerns:
1-866-871-4237
Toll Free: 1-844-956-5668

Domestic Abuse Crisis Line:
1-888-338-0880

Sexual Assault Crisis Line:
306-244-2224

Poison Control Center:
1-866-454-1212

Problem Gambling:
1-800-306-6789

Health Line:
1-877-800-0002
The Health Line is a group of Health Nurses that will determine if your health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.

Whitecap CSO Team

Telephone: (306) 281-4868

WHITECAP DAKOTA NATION EMERGENCY CONTACT LIST	
CRISIS RESPONSE	
AMBULANCE	911
RCMP	306-975-5145
Saskatoon Mobile Crisis	306-933-6200
SUICIDE PREVENTION	
Whitecap Dakota Nation Health Centre	306-373-4600
24/7 Hotline	1-833-456-4566
KIDS HELP LINE	1-800-668-6868
DOMESTIC VIOLENCE	
HOTLINE	1-888-338-0880
Interval House	306-244-0185
Salvation Army Support	306-242-6833
CHILD PROTECTION	
STC Well-Being Services	1-866-871-4237 or 1-844-956-5668
Saskatoon and Rural	306-933-6077
After Hours- Mobile Crisis Services	306-933-6200
Saskatchewan Advocate for Children & Youth	306-933-6700 or 1-800-322-7221
POLICE	
RCMP	306-975-5145
Saskatoon City Police, Non-Emergency Line	306-975-8300
PARAMEDIC EMERGENCY MEDICAL SERVICES	911
HOSPITAL EMERGENCY SERVICES	
Royal University Hospital	306-655-1368
St. Paul's Hospital	306-655-5113
City Hospital	306-655-8230
Whitecap Dakota First Nation Health Centre	306-373-4600
EMERGENCY SHELTERS	
YWCA, Women's Shelter	306-244-2844
Salvation Army, Men's Shelter	306-244-6280
RAPE/SEXUAL ASSAULT SUPPORT	
Saskatoon Sexual Assault Center	306-244-2224
LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE	
Legal Aide	306-933-7820
Victim Services	306-975-8400
STD INFORMATION (Sexually Transmitted Diseases)	
Sexual Health Clinic, 101 - 310 Idylwyld Dr. North, Saskatoon	306-655-4664
Saskatoon Sexual Health, Family planning	306-244-7989
AIDS Saskatoon	306-242-5005
Persons Living with AIDS Organization	306-373-7766
SELF HELP GROUPS	
Mental Health Clinic	306-655-7950
Alcoholics Anonymous	306-665-6727
Narcotics Anonymous	1-877-463-3537 or 306- 652-5216
Gambling Anonymous	1-800-306-6789
SUBSTANCE ABUSE COUNSELLING (MH Clinic)	
Saskatchewan Health Authority- Adults	306-655-4100
Saskatchewan Health Authority- Youth	306-655-4900
MACSI Center Intake	306-657-4275
MENTAL HEALTH SERVICES	
Mental Health Therapist – Whitecap Dakota First Nation	306-373-4600 ... cellphone 306-979-8484
24/7 Hotline	1-855-242-3310
Canadian Mental Health Association, Saskatoon Branch	306-384-9333
Mental Health & Addiction Services Centralized Intake	306-655-7777
COMMUNITY CORRECTIONS OFFICERS	
WDN Justice Worker	306-373-4600
Probation Officer	306-933-6324
Fine Option	306-244-0320



Whitecap Community Safety Officer (CSO) Program.



CONTACT INFORMATION:

Temporary Phone Number: 306-281-4868

Office Location: Whitecap Dakota Nation Fire Hall.



FREQUENTLY ASKED QUESTIONS:

WHAT IS A COMMUNITY SAFETY OFFICER (CSO)?

A CSO will provide additional uniformed presence and patrol in WDN. They can investigate low-risk incidents (ex. property theft) and engage in the enforcement of provincial laws and/or WDFN bylaws. They may also work with prevention-based programs, such as schools or with community groups.

WHAT HAPPENS TO THE RCMP?

CSO's and the RCMP will work together. When CSO's deal with low-risk incidents, the RCMP will have more time to focus on serious criminal investigations.

CAN CSO'S PULL YOU OVER?

Yes, CSO's can pull you over when they are in uniform.

CAN CSO'S ARREST YOU?

CSO's have the authority to make arrests under certain provincial legislation.

DO CSO'S CARRY WEAPONS?

CSO's do not carry guns, however, they do carry handcuffs, batons, and an Oleoresin Capsicum spray.

WHY DO WE HAVE CSO'S?

In October 2019, WDN, Muskoday, and the Province of Saskatchewan signed an MoU agreement. The MoU implements the CSO program to better enforce our laws and ensure community safety. This pilot program is supported by federal and provincial policing funding and by the Lands Advisory Board.

CSOs may enforce laws under the following acts:

- *The Traffic Safety Act*
- *The Alcohol and Gaming Regulation Act, 1997*
- *The Highways and Transportation Act, 1997*
- *The Whitecap Environmental Protection Law, 2018*
- *The All-Terrain Vehicles Act and The Snowmobile Act*
- *The Trespass to Properties Act*
- *The Mental Health Services Act*
- *The Stray Animals Act*
- *The Summary Offence Procedures Act*
- *WDN Smoking Bylaw*
- *WDN Cannabis Control Law (2022)*
- *Other WDN Bylaws (e.g., waste disposal)*



Upcoming Meetings

Chief & Council Meeting

Friday, January 12th @ 9am
DDR & Via Zoom



Whitecap Dakota Nation COUNCIL PORTFOLIOS

Chief Darcy Bear

1. Self-Government
2. Intergovernmental Affairs
3. Dakota Reconciliation
4. Economic Development
5. Finance
6. Major Capital
7. Taxation
8. Gaming
9. Housing
10. Public Works & Infrastructure
11. Lands & Agriculture

Councillor Dwayne Eagle

1. Health & Social Development
2. Child and Family Services
3. Saskatoon District Health – WDN Partnership
4. Justice & Policing
5. Occupational Health & Safety
6. Emergency Response, Fire Protection & Security
7. Environment Management
8. Fisheries & Oceans
9. Hunting & Trapping
10. Dakota Dunes Casino Liaison

Councillor Frank Royal

1. Administration & Operations
2. Education
3. Post-Secondary
4. Saskatoon Public School – WDN Partnership
5. Whitecap Early Learning Centre Inc.
6. Culture & Language
7. Youth & Recreation
8. Employment & Training
9. Membership
10. Veterans Affairs



Whitecap Dakota Nation ADVISORY COMMITTEES

EFFECTIVE MARCH 7,2023

- Education Advisory Committee
- Culture & Recreation Advisory Committee
- Membership Advisory Committee

- Self-Government Advisory Committee
- Housing & Public Works Advisory Committee
- Lands Advisory Committee

Members:

Sheldon Buffalo
 Heather Buffalo
 Kevin Littlecrow
 Chelsey Sinclair
 Don Redbear
 Jared Royal

Ex-officio Vice-chairperson:
 Councillor Frank Royal

Members:

Vivian Anderson
 Jennifer Buffalo
 Elmer Eagle
 Allison Daniels
 Verna Buffalo
 Lori Buffalo-DeLaRonde
 Deanna Harper

Ex-officio Vice-chairperson:
 Chief Darcy Bear

- Health & Social Development Advisory Committee
- CFS Advisory Committee
- Justice Advisory Committee

- Governance Committee

Members:

Nancy Linklater
 Rick Gamola
 Miranda Harper
 Loretta Whitecap Brown
 Trevor Cheekinew-Buffalo
 Caitlin Royal
 Pamela Eagle

Ex-officio Vice-chairperson:
 Councillor Dwayne Eagle

Members:

Warren Buffalo
 Verna Buffalo
 Rick Gamola
 Heather Buffalo
 Allison Daniels
 Tracey Lafond
 Elder Vivian Anderson

Ex-officio Vice-Chairperson:
 Chief Darcy Bear
 Councillor Dwayne Eagle
 Councillor Frank Royal



WHITECAP DAKOTA HEALTH CENTRE

**PLEASE CALL THE HEALTH CENTRE TO
ACCESS HEALTH SERVICES**

306-373-4600



Appointments available:

8:00 am- 4:30 pm

Monday-Friday

Closed Statutory

Holidays



THANK YOU FOR YOUR COOPERATION



STC Well-Being Services

Saskatoon Tribal Council (STC) Well-Being Services works collaboratively with our member communities to provide positive outcomes for children and families through the Progressive Model. The Progressive Model funding assists communities in enhancing their prevention and family support services that keep families intact and thriving within their circle of support and cultural connections. The goal is to move towards implementing and delivering their child welfare model.

Well-Being Services provides two collaborative pathways of services to STC members in their respective communities:

➤ Child Protection and Child Safety Services

STC has the legal authority under delegation of the Ministry of Social Services (Child and Family Services Act) to assess, investigate, and respond to alleged reports of child welfare concerns in our member communities.

Well-Being Services works collaboratively with communities to respond to child welfare concerns focusing on addressing safety concerns that support the child's best interest and build upon family strengths.

➤ Secondary-Level Services

Ongoing assessments are essential in enhancing prevention and family support services. Communities are in the best position to know what is required to meet the needs of their families and children.

Well-Being Services helps facilitate and support capacity building in essential prevention and family support services for our member communities through our clinical and technical support services.

STC Urban Family Services

Our urban members can also access STC Urban Family Services programs for family support and children programs at their new location at 320-21st Street West in Saskatoon. Please call 306-956-0318 for more information or visit STC's webpage.



Intake Contact Information

General Inquiries about Well-Being Services:

306-659-5668 or toll free 1-844-956-5668

(Monday to Friday 8am to 4:30pm)

This number gets forwarded to an answering service outside of office hours and only urgent child welfare concerns will be patched through to an on-call worker

For Kinistin, Mistawasis, Muskoday, One Arrow, and Whitecap:

STC toll-free child protection reporting line: 1-866-871-4237

This number is forwarded to a call-center after hours, which in turn directs the call to the STC worker on call.

For Muskeg Lake:

Child welfare reports currently go directly to the Ministry of Social Services. Their toll-free intake number is 1-800-274-8297. This number is routed through Mobile Crisis outside of regular office hours.

The Child and Family Services Act requires First Nations Child and Family Services Agencies to provide services to families on reserve where children are believed to be in need of protection. The goal of child protection services is to maintain children in their family home whenever possible and, if a child must be removed for their protection, to reunite families as soon as possible.

What is child abuse and neglect?

Abuse and neglect refers to circumstances that may be harmful to a child's physical, emotional or psychological health.

- **Physical abuse** – any action, including discipline, causing injury to the child's body. Indicators: the presence of several injuries over a period of time; any bruising on an infant; reluctant to go home; cannot recall how injuries occurred, or offers an inconsistent explanation.
- **Sexual abuse** – any action involving a child in sexual exploitation or sexual activity including touching, exposure, using a child in the making of/or viewing pornography. Indicators: injuries to the genital or anal area (e.g., bruising, swelling, infection); pregnancy; age-inappropriate sexual play with toys, self, others; bizarre, sophisticated or unusual sexual knowledge.
- **Emotional maltreatment** – expecting a child to be able to do things he or she cannot do, embarrassing or insulting a child, making hurtful comments about a child's appearance, intelligence, size, ability, etc. Indicators: bedwetting and/or diarrhea which is non-medical in origin; frequent complaints of headaches, nausea, abdominal pain; extreme withdrawal or aggressive behavior; severe depression; running away from home.
- **Neglect** – failing to provide a child with enough food, proper clothing, shelter, health care, or supervision. Indicators: hunger, inappropriate dress, poor hygiene, developmental delays; persistent health conditions (e.g., scabies, head lice); steals food; reports no caregiver at home.
- **Domestic violence** – exposing a child to a pattern of abusive behavior or threats of abusive behavior by one caregiver against another (hitting, kicking, restraining, slapping, throwing objects, intimidation, stalking, etc.). Indicators: physical injuries; aggressive or antisocial behaviours; poor social relationships; low self-esteem.

Duty to Report

Anyone having reasonable suspicion that a child's physical, mental, emotional welfare has been or is being neglected has the legal duty to report such information immediately to a local First Nations Child and Family Services, Ministry of Social Services, or to the Police.

“The duty to report overrides professional confidentiality codes when there is reason to believe that a child may be abused or neglected.”

As a parent...

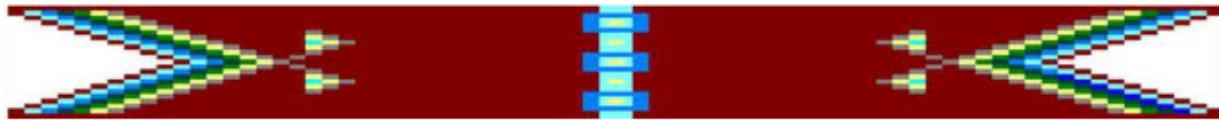
If you would like general information on supports available, please call 306-659-5668 or toll-free 1-844-956-5668 and request to speak to the Social Worker on Duty.

If you feel unable to safely parent your children, please call **1-866-871-4237**.

As a community member...

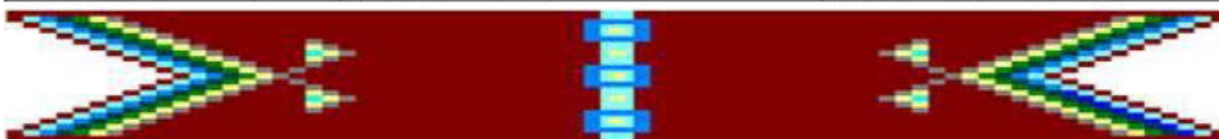
If you believe a child may be neglected or abused, you have a **legal responsibility** to report your concerns by calling **1-866-871-4237**.





Whitecap Dakota Health & Wellbeing
Phone: 306-373-4600
Staff Extension Numbers

HEALTH CENTRE STAFF			
Staff Member	Ext.	Position	Email
Angela Buffalo	8625	Community Health Nurse	abuffalo@whitecapdakota.com
Arlene Peeteetuce	8603	Community Health Nurse	apeeteetuce@whitecapdakota.com
Brenda Littlecrow	-----	Transportation Service Provider	blittlecrow@whitecapdakota.com
Carrie Desnomie	8604	Administrative Assistant	cdesnomie@whitecapdakota.com
Christine Greyeyes	8605	Health Integration Manager	cgreyeyes@whitecapdakota.com
Fern Rose	8607	Dental Therapist	---
Hailey Johnson	8613	Community Justice Worker	hjohnson@whitecapdakotahealth.com
Joanne Alexander	8909	Mental Health Therapist	jalexander@whitecapdakotahealth.com
Jodie Harder	-----	Custodian	jharder@whitecapdakota.com
Jolie Seaton	8606	Home Health Aide	jseaton@whitecapdakota.com
Holly Anne Cook-Lalberte	8610	Nurse Practitioner	---
Karen Hercina	8610	Nurse Practitioner	---
Lee Sinclair	-----	Transportation Service Provider	lsinclair@whitecapdakota.com
Lori Buffalo-Delaronde	8615	Income Assistance Coordinator	lbuffalod@whitecapdakota.com
Lori Sparling	8601	Director of Health & Social Dev.	lsparling@whitecapdakotahealth.com
Natasha Kwasek	8626	Maternal Child Health/Healthy Living Nurse	nkwasek@whitecapdakota.com
Paris Brittain	8606	Home Maker	pbrittain@whitecapdakota.com
Tanis Shanks	8617	Director, Wellbeing Services	tshanks@whitecapdakota.com
Victorine Royal	8600	Receptionist	vroyal@whitecapdakotahealth.com
Wendy Derksen	8618	Accountant – Health	wderksen@whitecapdakota.com
JORDAN'S PRINCIPLE STAFF TRAILER			
Bradon Bear	-----	Jordan's Principle Intake Officer	bbear@whitecapdakota.com
Cora Fischer	-----	Jordan's Principle Coordinator	cfischer@whitecapdakotahealth.com
Heather Brittain	-----	Jordan's Principle Service Coordinator	hbrittain@whitecapdakotahealth.com
Meichelle LaPlante	-----	Accreditation Support Worker	mlaplante@whitecapdakota.com
WELLBEING STAFF TRAILER			
Angel Skipper	-----	Youth & Community Program Assistant	askipper@whitecapdakota.com
Collette Eagle	-----	Wellbeing Administrative Assistant	ceagle@whitecapdakota.com
Desmond Joyea	-----	Youth & Community Program Coordinator	djoyea@whitecapdakota.com
Diane Littlecrow	-----	Cultural Liaison	dlittlecrow@whitecapdakota.com
Jordanna Johnson	-----	Youth & Community Program Coordinator Lead	jjohnson@whitecapdakota.com
Kristen Netmaker	-----	Youth & Community Program Coordinator	knetmaker@whitecapdakota.com
Lee Delaronde	-----	Custodian	ldelaronde@whitecapdakota.com
Sheldon Buffalo	-----	Cultural Liaison	sbuffalo@whitecapdakota.com
Wendy Dice	-----	Child & Family Services Liaison	wdice@whitecapdakota.com
WELLBEING STAFF 410 LITTECROW TRAIL			
Brittany Deschambeault	-----	Family Support Coordinator	bdeschambeault@whitecapdakota.com
Heather Musqua	-----	Family Support Coordinator	hmusqua@whitecapdakota.com
Tammy Kehoe	-----	Prevention Supervisor	tkehoe@whitecapdakota.com



WHITECAP HEALTH CENTRE

Whitecap is booking appointments for Covid-19 vaccine or booster and the flu vaccine.

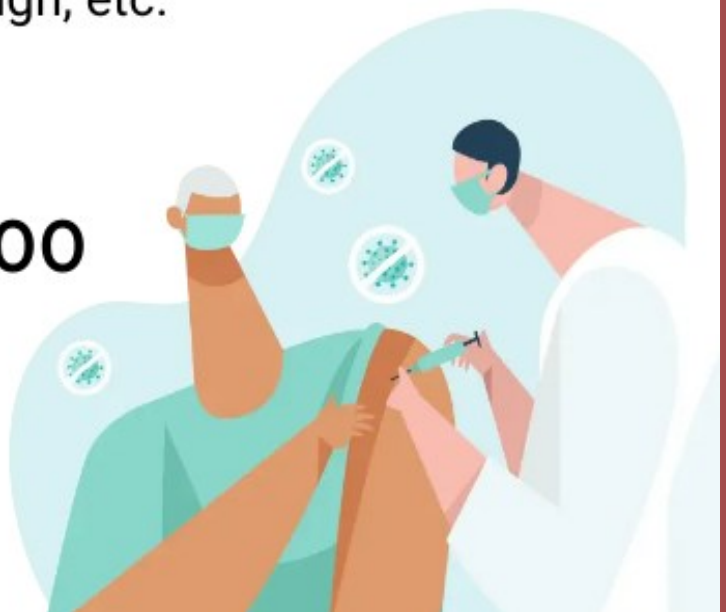
If interested in getting your Covid-19 vaccine or booster, call the Health Centre to book.

Rapid tests are available at the Health Centre, please call to arrange for pick up or delivery.

Masks are encouraged while visiting the Health Centre if you are experiencing respiratory symptoms such as a cough, etc.



306-373-4600



Mental Wellness Supports



If you're experiencing emotional distress or someone you know is struggling, these resources are available to support you.
If you are experiencing a mental health crisis, call 911 immediately.

Hope for Wellness Help Line and Chat

Immediate support is available 24/7

Toll-Free: 1-855-242-3310

Online Chat: www.hopeforwellness.ca

**Indian Residential Schools
Saskatchewan Region Toll-Free:**
1-866-250-1529

**National Indian Residential
School Crisis Line Toll-Free:**
1-866-925-4419

The National Indian Residential School Crisis Line has been set up to provide **immediate support** for former students and those affected. Emotional and crisis referral services can be accessed through the 24-hour national crisis line.

**Missing and Murdered
Indigenous Women and Girls
Support Line Toll-Free:**
1-844-413-6649

Wellness Together Canada

Provides immediate crisis/substance use support:

Adults: Text **WELLNESS** to 741741

Front Line Workers: Text **FRONTLINE** to 41741 <https://ca.portal.gs/>

Non-Insured Health Benefits (NIHB) Mental Health Counselling

Immediate support is available 24/7

Toll-Free: 1-866-885-3933

For Youth:

Kids Help Phone supports youth 24/7
and through a partnership with We Matter

Call: 1-800-668-6868 **Text:** 686868

Online: kidshelpphone.ca

wemattercampaign.org

Jordan's Principle NEW
Saskatchewan Toll-Free Line: 1-
833-752-4453

(1-833-SK-CHILD)

www.canada.ca/jordans-principle



Indigenous Services
Canada

Services aux
Autochtones Canada



Jordan's Principle

Helping First Nation's children under age of 18
access the products,
services and supports they need

*speech therapy, educational supports,
medical needs, health services,
respite care, medical supplies,
assessments and more.*

If you have question about your child's needs,
and what services/supplies are eligible contact
Cora at cfischer@whitecapdakotahealth.com



Mental Health

Suicide Prevention
1-833-456-4566

Hope for Wellness
1-855-242-3310

Addictions Detox
1-306-655-4195

Domestic Violence

Interval House
1-888-338-0880

Sexual Assault
1-306-242-3310

Child Protection
1-888-225-2244

WDN Therapist: 306-979-8484

IN AN EMERGENCY CALL 911

STAY HOME 



STAY SAFE 

Wellbriety Group



WDN Adult Support Program

"Tawacin Mdeze"

8:30 - 9 am Weekdays Mon-Fri

Zoom: 944 2065 2043 Pwd: 124954

**Walking the Red Road Together
Native Elder Teachings**

free emails @ <https://whitebison.org/daily-meditation-signup>

Questions? ... call Joanne 306-979-8484



AGES & STAGES

Growth and Development

What is this?

1. Is your child between the ages of 2 months – 5 years old.
2. Are you wondering if behaviour is normal?
3. This testing will help identify your child's strengths and weaknesses.
4. Nurse Tasha will come to your home and assess your child and teach you ways to help your child succeed.



Call or text Tasha

306 381 6428 to set up an appointment.

Foot Care Services

January 9th, 2024 - Angela
January 11, 2024 - Laura



Call 306-373-4600
to book an appointment



CHILD REGISTRATION DAYS (For Indian Status)



JANUARY 17 & 18

Join Italia Eagle and Nurse Tasha

Cultural Room Health Centre

- Complete Long Form Birth Certificates
- Complete Child Registration Forms
- Snacks Provided
- No Appointment Needed
- Door Prizes
- Come between 1 - 4 PM
- Bring 1 piece of valid government issued ID which contains the full name, date of birth, photo, and signature.



Call Nurse Tasha for details
306 381 6428





WDN WELLBEING PRESENTS:
Okičiyapi K'a Wóapiye

"They help each other and healing"

- Grief Support Group
- January 21 & 28 @4pm
- Elder's Centre
- Childcare, light snacks, refreshments & transportation provided.

Contact Diane Littlecrow
@ 306-380-9363 to
register.

Group
Facilitator:
Lyndon
Linklater Sr.

By entering or otherwise participating in this event, all persons voluntarily assume all risks and dangers in any/all activities associated with this event and waive, release, and discharge the right to hold the Whitecap Dakota First Nation from all liability, including but not limited to: personal injury, property damage, and property theft.



Post-Majority Care Services

Now available: post-majority care services funding in support of individual youth aging out of care or young adults formerly in care up to including the age of 25 (until their 26th Birthday).

Assistance can be provided in various ways. Once eligibility is confirmed, assistance can be made available either through individual support, financial assistance, life planning, or other individualized direct services.

If you are a member of Whitecap Dakota Nation that is:

- A youth aged out of care residing in the community of Whitecap Dakota Nation.
- The caregiver of a youth aging out of your care soon (15-18 years)
- A member of Whitecap Dakota Nation aged out of care from another location.
- A caregiver of a youth registered to WDN aging out of care soon residing outside the community.

Contact: Wendy Dice, Child & Family Liaison
Whitecap Dakota Nation Wellbeing Services
326 Moosewoods Drive
(306) 281-7689
wdice@whitecapdakota.com

Whitecap Addiction Awareness Week

Community



B I N G O

Night

Wednesday, JAN 17

Charles Red Hawk
Elementary School Gym

FREE ENTRY | GREAT PRIZES |
KFC SUPPER

Supper: 5:00pm

Game: 6:00pm



Whitecap Dakota Health Centre

Join us for a fun and informative

PRENATAL

• CLASS •



Tuesday
January 16, 2024

1:00 PM TO 4:00 PM

- Health Centre
- Lunch Provided
- Cultural Teachings Provided

Pregnant?
Want to learn about birth?

- Please bring yourself and a birthing partner to prenatal class.
- Tasha will be teaching comfort positions, stages of labour, pain management, and breathing techniques.

RSVP by TEXT to Tasha (306) 381 6428



Whitecap Addiction Awareness Week
Events



JAN 14-19



- You and your family are invited to join us on Whitecap Addiction Awareness Week!
- Free family events
- Meals start at 5 pm
- Your passport enters you to win our grand prize
- Call us at 306-373-4600 to request transportation

Made with PosterMyWall.com

SUN

Noon Addiction Awareness Walk

Turkey Dinner
 IRS Speaker: Eugene Arcand

MON

Youth Night

Pizza Night
 Hailey Rose
 FSIN Youth Chief

TUE

Two Spirit Night

Soup and Bannock
 Tatianna Daniels

WED

Family Bingo

KFC Dinner
 12 Games & Prizes

THU

Healing from Crystal Meth

Ukrainian Meal
 Patricia Whitebear

FRI

Dance Party

Beef Supper
 Electric Light Stow & Games

WHITECAP ADDICTION AWARENESS WEEK

SUNDAY, JANUARY 14, 2024

11:30 a.m. - Pick up of Elders & anyone requesting transportation

12-1 p.m. - WAAW Walk from Whitecap Trail & Gas to CRHES

1-2 p.m. - Turkey Meal Lunch Provided

2-3:30 p.m. - Special Presentation

Special Guest: IRS Survivor, Eugene Arcand, "Nothing About Us, Without Us"

For preparation, Eugene would like you to read his story at 781TSN.ca or use the QR Code provided below.

***Please contact Christine at 306-202-6101 to request transportation.**





WHITECAP DANCE PARTY

COME JOIN US FOR A FAMILY FUN EVENT
FOR WHITECAP ADDICTION AWARENESS
WEEK

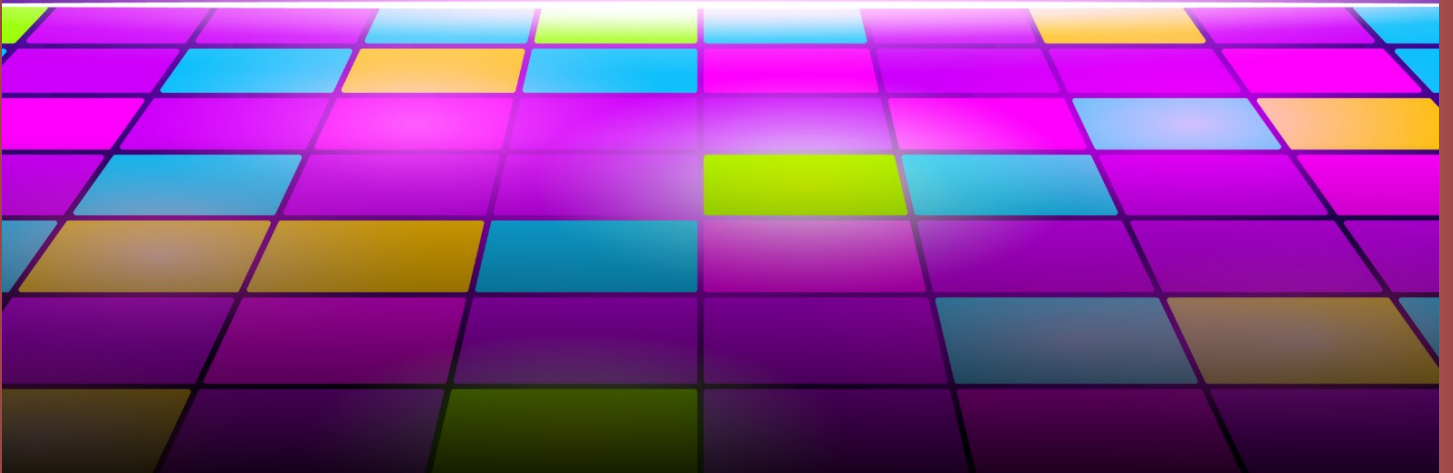
FRIDAY, JANUARY 19TH, 2024

ROAST BEEF SUPPER @ 5PM

DANCE @ 6PM

CRHES GYM

LIVE DJ PERFORMANCE, PRIZES AND GAMES



WHITECAP ADDICTION AWARENESS WEEK

HEALING YOUR SPIRIT



WITH FSIN YOUTH CHIEF HAILEY ROSE



JANUARY
15TH

PIZZA SUPPER
@ 5 PM

PRESENTATION
@ 6 PM

CRHES GYM

“WITH MY LEADERSHIP AND COMMITMENT AS YOUTH CHIEF OF THE FEDERATION OF SOVEREIGN INDIGENOUS NATIONS (FSIN), I HOLD GREAT PASSION IN SERVING THE YOUNG PEOPLE FOR THE 74 FIRST NATIONS ACROSS SASKATCHEWAN AND ADDRESSING MANY OF THE CHALLENGES YOUNG PEOPLE FACE TODAY.”-HAILEY ROSE

.....
Whitecap Addiction Awareness Week

Presentation by Patricia Whitebear

**The Family Addictions
Healing Circle**

Thursday, January 18th, 2024

Charles Redhawk School Gym

5pm Catered Supper

**Perogies, Sausage,
Cabbage Rolls and Dessert**

6pm Presentation



WDN Health Centre Activities

JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 Wellbriety Group Weekdays 8:30 – 9:00 am	1 New Year's Day OFFICE CLOSED	2 OFFICE CLOSED	3 Lab Day	4 Dental Treatment	5	6
7	8	9 Foot Care w Angela	10 Dietician Services Lab Day CDM COHI	11 Foot Care w Laura Dental Treatment	12	13
14 WAAW Week	15 Youth Night	16 Prenatal Class Elder Meals	17 Lab Day Child Registration Day	18 Child Registration Day Dental Treatment	19 Dance Party	20
21 Noon Addition Awareness Walk	22	23 2-Spirit Night	24 Dietician Services Lab Day CDM COHI	25 Dental Treatment	26	27
28	29	30 Elder Meals	31 Lab Day	1	2	3

JANUARY 2024

WELLBEING SERVICES PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 EC: ELDERS CENTRE CRHES: CHARLES REDHAWK ELEMENTARY SCHOOL <small>TEEN GROUPS WILL TAKE PLACE AT THE ELDERS ONLINE AND SPORTS CENTER LOCATION FOR JAN 01</small>	02 OFFICES CLOSED	03 TEEN OUTING (AGES 13-17): 11:30AM	04 TEEN OUTING (AGES 13-17): 11:30AM	05 CHILDREN'S OUTING (AGES 5-9): 1:15PM	06 	
07 	08 ŠICEČA OWIYOKPI ŠKATEP: AGES 6-13 (CRHES): 5:30PM	09 ELDERS SEWING CIRCLE (EC): 10AM TEEN GROUPS: 5:30PM	10 ELDERS BINGO (EC): 1:30PM	11 ELDERS STRIDERS GROUP: 1:15PM SNOW DAY CLUB: 3:15PM	12 ELDERS MOVIE OUTING: TIME TBA	13
14 	15 	16 ELDERS SEWING CIRCLE (EC): 10AM ELDERS CRAFT (EC): 4PM	17 ELDERS CRAFT (EC): 4PM	18 ELDERS STRIDERS GROUP: 1:15PM SNOW DAY CLUB: 3:15PM	19 	20
----- ADDICTION AWARENESS WEEK EVENT -----						
21 GRIEF SUPPORT GROUP: 4PM	22 ŠICEČA OWIYOKPI ŠKATEP: AGES 6-13 (CRHES): 5:30PM	23 ELDERS SEWING CIRCLE (EC): 10AM TEEN GROUPS: 5:30PM	24 ELDERS BINGO (EC): 1:30PM	25 ELDERS STRIDERS GROUP: 1:15PM SNOW DAY CLUB: 3:15PM OPEN GYM (CRHES): 6:30PM	26 ELDERS OUTING: TBA	27
28 GRIEF SUPPORT GROUP: 4PM	29 ŠICEČA OWIYOKPI ŠKATEP: AGES 6-13 (CRHES): 5:30PM	30 ELDERS SEWING CIRCLE (EC): 10AM TEEN GROUPS: 5:30PM	31 ELDERS IPAD REFRESHER: 1:30PM			

WHITECAP EARLY LEARNING CENTRE



Whitecap Early Learning Centre has space available for:

Infants – 6 weeks to 18 months

Please contact Sara for more information or to book a tour!

slee@whitecapdakota.com

306.477.2615

We look forward to your family joining ours!

WHITECAP IRA NEWS



Indian Registry Administrator Report January 2024

CIS (Certificate of Indian Status) CARDS

By appointment only. Should you require a status card, you may call the Whitecap Government Office at (306) 477-0908 and leave a message with our receptionist. Our receptionist is instructed to screen your call for basic information: Name, reason for card request (First, Expired, Lost), phone number and/or email, and if you have the proper I.D. Then the IRA will contact you to book an appointment.

Is it time to Renew your CIS card? To find out; check your expiry date on the back of your current laminated status card. Please contact the Band Office as soon as you can to book in for a renewal once expired! Note that your Status number does not expire however, your photo must be updated every five years (for adults 18+) and every three years (for children under 18).

SERVICES AND INFORMATION

Italia Eagle is the IRA for Whitecap. For information on Indian Status eligibility, the SCIS (Secure Certificate Indian Status) card application form and process, and band membership, please contact her at the band office with your inquiry: (306) 477-0908

Important Update for Birth Registration Applications

PARENTS, PLEASE READ

We have been advised that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

Parents: Please do not mail your child application for birth registration to the address listed on the application form. Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

Options for parents for processing their child registration applications:

1. *On Reserve or Local Urban Parent Members:*
 - a. Preferred method: Make an in-person appointment with the Whitecap IRA to verify the completeness of your forms, then she will mail them directly to the regional office in Regina.
 - b. Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office:

WHITECAP IRA NEWS

Whitecap Indian Registry Administrator
182 Chief Whitecap Trail
Whitecap SK S7K 2L2

2. *Off Reserve Members:*

- a. Preferred method: Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office.
- b. In Person – Regina: Call (306) 780-5392 and ask to set up an appointment.
- c. In Person – Prince Albert: Call (306) 953-8522 and ask to set up an appointment.
- d. Mail to: ISC – Governance
1827 Albert Street
Regina SK S4P 2S9

Application forms are available from the Whitecap IRA, or can be found online at www.canada.ca/indian-status

Please ensure to fill-out the **updated** 2020 Child/Dependent Adult application form found on the website or pick-up copy of the latest version available at the Band Office and Health Centre. Any old versions of the application will not be *accepted*.

REQUIRE A SASK. HEALTH CARD? Call toll free **1-800-667-7551** to place your request.

U.S. BORDER CROSSING

Consult the U.S. Customs and Border Protection for updates *before* you travel at **1-202-325-8000** or check this website for more info: <https://travel.gc.ca/travel-covid>

WDN TOTAL POPULATION as of December 31, 2023: 701

WHITECAP IRA NEWS

Process to Register Your Child on the Indian Register

Documents required:

1. A completed 'Application for Registration on the Indian Register (for children 15 or younger or dependent adults)'
 - Applications may be picked up at the Band office or Health Centre, as well as online on the Indigenous Services Canada website under the Indian Status tab. **Please note that any old versions of the application will not be accepted.**

Click here for current [Application](#) form

- **Important Note:** Spelling and spacing of any given or family names that will be entered in IRS must be the same as the names appearing on the Proof of Birth Document
2. An original proof of birth document with parental information
 - To get an original proof of birth document, applications may be picked up from the Band Office or Health Centre. You can also visit the Saskatchewan Vital Statistics website: www.saskatchewan.ca – Vital Statistics or view the contact information below.

Vital Statistics

Phone: 1-800-667-7551 (Toll-free Canada & US)
306-787-3251

Email: VitalStatistics@eHealthSask.ca

Phone service: 8 a.m. to 5 p.m. Monday to Friday (excluding statutory holidays)

- The proof of document must contain parental information (at least one parent stated on the birth document)
- The identity information must be visible and undamaged. If information is illegible, the document will not be accepted.

If the child or dependent adult's name on the application form is different from the name on the proof of birth document or legal documents, you must also submit:

- an original legal name-linking document, such as a change of name certificate, that links the previous name with the current name
- or
- a copy of a legal name-linking document and valid acceptable identification with the name that is on the application form

If the name of the applying parent, custodial parent or legal guardian is different from the name on any of the other necessary documents, you must also submit:

- a copy of a legal name-linking document, such as a change of name certificate, marriage certificate or divorce order, that links the previous name with the current name

WHITECAP IRA NEWS

If the Applicant cannot obtain the other parent's signature:

If both parents' names are listed on the child's birth document and after reasonable attempts to locate the other parent to obtain their signature were unsuccessful, a "Statement in Lieu of Other Parent's Signature" form can be completed.

3. A copy of valid acceptable identification of the applying parent, custodial parent or legal guardian; copy must be taken of the front and of the back of the identification, each copy signed and dated by a guarantor (IRA).
 - One piece of valid government issued ID which contains the full name, date of birth, photo, and signature. You can provide *more than one* supporting ID in order to fulfill the data requirements.
 - Must indicate the Document Type (i.e., Saskatchewan Driver's License), Document Number (i.e., Driver's License number), the Expiry Date (YYYYMMDD format), and your Name exactly as it appears on the ID.
4. **For a child (15 or younger)**, any legal documents granting custody or guardianship of the child to the applying parent or legal guardian, if applicable **for a dependent adult**, the guardianship order
 - Must indicate if there are any legal documents pertaining to the custody or guardianship of the child. If there are such documents, then must provide the most recent photocopies of the legal documents.
5. It is important to note that the **Guarantor Declaration** is required in the following three (3) situations:
 - When an applicant does not have sufficient supporting identification to submit with the application;
 - When the applicant is applying by mail without the assistance of an IRA; and
 - When a third party submits an application on behalf of an applicant

Note that the application form must be submitted to ISC within the last 12 months from the date it was signed by both parents

All required/mandatory fields must be completed as stated in the instructions. **Failure to complete these sections may result in delays in processing the application.**

Please note that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

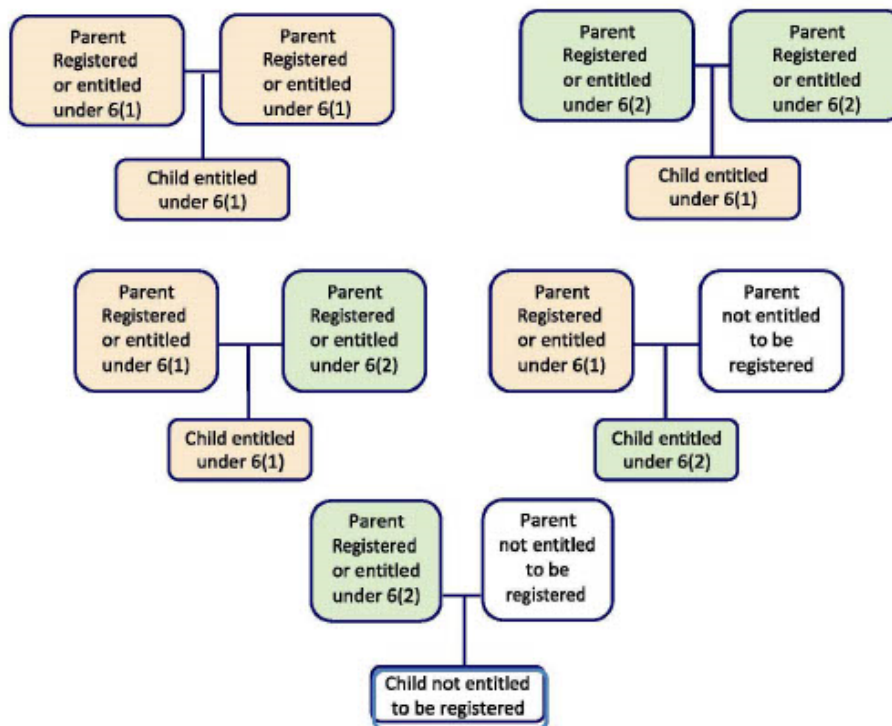
Parents: Please do not mail your child application for birth registration to the address listed on the application form. Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

WHITECAP IRA NEWS

How do I know if my Child is Eligible to be Registered as an *Indian*?

Category Chart

This is a basic reference chart for section 6 entitlements under the *Indian Act*:



There are two key distinctions between entitlement categories, Subsections 6(1) and 6(2).

6(1) Entitlement

- An individual registered or entitled to be registered under subsection 6(1) can pass status to their child(ren).

6(2) Entitlement

- An individual registered or entitled to be registered under subsection 6(2) must parent with another registered or entitled to be registered Indian in order to pass status to the child(ren).

If only one parent is listed on a child's birth record, it is assumed that the other parent is non-Indian and therefore your child would only be entitled for registration under category 6(2) or not entitled at all. Therefore, it is crucial for the father to sign the "live birth document" in hospital at the time of birth. If the father could not be at the hospital at the time, please ensure to contact Vital Statistics Saskatchewan (eHealth) to request an "amendment to their child's birth record" to add the father.

WHITECAP BAND MEMBER PARENTS: *If you have any questions at all regarding Child Registration, or if you are unsure of your category of registration in the Indian Register, please feel free to contact your Whitecap IRA for assistance: Italia Eagle at (306) 477-0908.*



Do you have a will?

Did you know?



<9%

Less than 9% of First Nation peoples on reserve pass away with a will

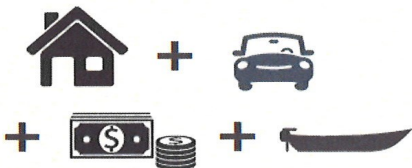
- the INAC website has information about planning your estate
- your will differs if you live on- or off-reserve
- the *Indian Act* outlines what should be included in your will
- you can't gift your land on reserve to someone who is not a member of your First Nation
- you can change your will as often as you like
- writing a will doesn't have to be complicated or costly

Why make a will?

- to provide for your loved ones, your children and grandchildren
- to decide who will get your home



- to clearly state who should receive your possessions



- to name who will take care of your children and dependents



- to leave instructions for end of life ceremonies



- to name who will take care of your estate



A will could provide peace of mind and clear direction about your wishes to your family and loved ones



Visit <http://www.aadnc-aandc.gc.ca/eng/1100100032530/1100100032532> for more information

This publication is also available in French under the title: Avez-vous un testament?



NOTICE REGARDING THE Whitecap Dakota Nation MEMBERSHIP CODE, 2012

BACKGROUND

- The *WDFN Membership Code* document was approved by the membership on November 16, 2012 via referendum (voting).
- The Minister of INAC notified the WDN on August 23, 2013 that the *Code* was approved and is effective and retroactive to December 4, 2012.

MEMBERSHIP CODE GUIDELINES SUMMARY AND APPLICATION PROCESS

An individual must be a registered Indian in order to apply to be on the WDN (Whitecap) Band list.

Automatic Membership

- The parent(s) of minor children that requested of INAC to be on the Whitecap band list at the time they applied for their child to be a Registered Indian is recorded by INAC as an “affiliate” of Whitecap.
- An adult who became eligible to be a Registered Indian as a result of Bill C-3 that requested of INAC to be on the Whitecap band list at the time applied for Registration as an Indian is recorded by INAC as an “affiliate” of Whitecap.
- “Affiliates” are required to complete an application form for Band Membership and submit to the Membership Clerk for processing along with required document(s).
- The Membership Clerk notifies the individual in writing of the status of Band Membership application.
- The Membership Clerk updates the Whitecap Band list accordingly.

Discretionary Membership

- The individual completes application for Band Membership and submits to the Membership Clerk for processing along with required documents.
- The Membership Clerk takes forward the application to the Membership Committee for their review and recommendation to Council.
- The Membership Clerk takes forward recommendation from Membership Committee to Council.
- If approved, the Membership Clerk posts a Notice of the approved Band Membership application for 30 days.
- The Membership Clerk notifies the person in writing of the status of Band Membership application.
- The Membership Clerk updates the Whitecap Band list accordingly.

DEFINITION OF AN “AFFILIATE”:

When an individual is affiliated with a Band, it means that the individual is a registered Indian in the IRS (Indian Registry System) with that band and is eligible for benefits including certain non-insured health benefits, the possibility of post-secondary education assistance and exemption from certain federal and provincial taxes. Only that band can grant an individual Membership and access to benefits such as: the right to reside on-reserve; housing on-reserve; voting privileges within the band; and the right to involvement in Community affairs, etc., depending on that Band’s Code.

**★ Band Membership Application is available at the
Whitecap Dakota Government Office or Health Centre ★**

**If you have any questions, please contact the WDN Membership Clerk (Sheila)
at 306-477-0908 or scaisse@whitecapdakota.com**

*Remember to update the WDN Membership Clerk if you move.
The Membership Clerk will correspond to the latest address on file.*

WHITECAP HOUSING & PUBLIC WORKS

Online Banking

Whitecap Dakota Nation accepts
rent payments through Online Banking.

Online Payment ➤ Fast, Simple, Convenient

1. The easiest and **preferred method** for rent payments is by online banking. Simply add Whitecap Dakota Nation as a Payee. All you need is your Customer Number, which can be obtained by calling Whitecap Housing and Public Works: 306-477-2013.
2. Schedule your payments in advance or set up as a recurring payment.
3. Pay rent or damage deposit any time through your RBC, BMO, TD, CIBC, Scotiabank, Affinity Credit Union or Conexus Credit Union, online banking from any personal computer or smart phone app – **day or night, 24/7**. Recently added Peace Hills Trust, TCU Financial group and, Accent Credit Union to the list.
4. This saves you time, paperwork and leg-work.
5. Your bank not listed below? No problem, we can get your bank added to the list. Please call the Whitecap Finance staff to request it be added.





Whitecap Dakota Nation

182 Chief Whitecap Trail, Whitecap SK 57K 2L2
Phone (306) 477-0908 • Fax (306) 374-5899
Website: www.whitecapdakota.com

Memo

To: WDN Community Members
From: Terry Parenteau, Director Public Works
Cc: Warren Buffalo, CEO
Date: January 3rd 2024
Re: **Recycle and Waste Collection Schedule**

Happy New Year!

Loraas Recycle and Waste Collection schedule is as follows:

Recycle Collection for January 1st 2024 has been rescheduled to January 6th 2024.

Regular schedule of Recycle Collection will be executed every second Monday as of January 15th 2024.

Regular Schedule of Waste Collection will continue to be executed every second Friday.

The Loraas - Whitecap 2024 Recycle and Waste Collection Schedule is on the following page for your convenience.



Whitecap Dakota Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2
Phone (306) 477-0908 • Fax (306) 374-5899
Website: www.whitecapdakota.com

Memo

To: WDN Community Members
From: Terry Parenteau, Director Public Works
Cc: Warren Buffalo, CEO
Date: January 3rd 2024
Re: Loraas Disposal Recycle Bins and Waste Bins

Please keep in mind when discarding your garbage and recyclables.

1. Collection equipment requires clear, safe access to your container on collection day to ensure service.
2. Containers with inappropriate materials, overweight or over height could be bypassed by collection personnel.
3. Garbage bags should not be stacked on top of or beside the garbage bin. The garbage bin must be able to close. Cardboard boxes/material do not belong in the garbage bins but rather the blue recycle bins.

The Grey garbage bins are clearly marked **“DO NOT OVERFILL”**

The Blue Recyclable bins are clearly marked **“Recyclable Products”**

Below are illustrations of what to do AND what not to do on garbage day.



ACCEPTABLE



UNACCEPTABLE



(306) 242-2300 | 805 - 47th Street East Saskatoon, SK S7K 8G7 | customercare@loraas.ca | loraas.ca



WHITECAP- 2024 COLLECTION SCHEDULE

THANK YOU FOR HELPING US KEEP OUR ENVIRONMENT CLEAN!

- Ensure your cart is rolled out by 7 a.m. on your designated collection day.
- Collection equipment requires clear, safe access to your cart.
- Do not place your container within 4 feet of buildings, vehicles, overhead and underground utilities.
- We are not responsible for any damage resulting from service provision.
- Containers with inappropriate materials, overweight or overloaded will be bypassed by collection personnel.
- Should your scheduled collection day fall on a statutory holiday, please be advised service will continue as normal.
- If you scheduled collection day falls on either Christmas or New Years Day, collection will occur on the following Saturday.

■ RECYCLE PICK UP DAY

■ GARBAGE PICK UP DAY

2024

JANUARY							FEBRUARY							MARCH							APRIL						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
31	1	2	3	4	5	6	28	29	30	31	1	2	3	25	26	27	28	29	1	2	31	1	2	3	4	5	6
7	8	9	10	11	12	13	4	5	6	7	8	9	10	3	4	5	6	7	8	9	7	8	9	10	11	12	13
14	15	16	17	18	19	20	11	12	13	14	15	16	17	10	11	12	13	14	15	16	14	15	16	17	18	19	20
21	22	23	24	25	26	27	18	19	20	21	22	23	24	17	18	19	20	21	22	23	21	22	23	24	25	26	27
28	29	30	31	1	2	3	25	26	27	28	29	1	2	24	25	26	27	28	29	30	28	29	30	1	2	3	4
4	5	6	7	8	9	10	3	4	5	6	7	8	9	31	1	2	3	4	5	6	5	6	7	8	9	10	11

MAY							JUNE							JULY							AUGUST						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
28	29	30	1	2	3	4	26	27	28	29	30	31	1	30	1	2	3	4	5	6	28	29	30	31	1	2	3
5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10
12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
26	27	28	29	30	31	1	23	24	25	26	27	28	29	28	29	30	31	1	2	3	25	26	27	28	29	30	31
2	3	4	5	6	7	8	30	1	2	3	4	5	6	4	5	6	7	8	9	10	1	2	3	4	5	6	7

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	29	30	1	2	3	4	5	27	28	29	30	31	1	2	1	2	3	4	5	6	7
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
29	30	1	2	3	4	5	27	28	29	30	31	1	2	24	25	26	27	28	29	30	29	30	31	1	2	3	4
6	7	8	9	10	11	12	3	4	5	6	7	8	9	1	2	3	4	5	6	7	5	6	7	8	9	10	11

NOTICE

Please be advised of some recent changes to the operations at the Waste Transfer Station:

- Effective immediately, waste will be tracked and monitored by the Waste Transfer Attendant.
- Accepted waste includes:
 - Solid waste (sorted and bagged)
 - Organic waste (grass clippings, leaves, garden material, etc.)
 - Scrap metals
 - Recyclable materials
 - Wood
 - Electronics (computers, tv, etc.)
 - Used appliances (fridges, stoves)
 - Tires
 - Construction and demolition materials (shingles, bricks, cement, siding, etc.)
 - Propane tanks
- Hazardous accepted materials include:
 - Used oil and used oil filters
 - Automotive batteries
 - Used paint and stain
- When dropping off any lawn mowers or other items that may contain fuel or oil, it will be the individual's responsibility to drain any and all fluids prior to disposal at the site. The site attendant can restrict what is accepted at the transfer station.
- The facility is available for access Monday to Friday, 8:00AM – 4:30PM by appointment only. Gates will be locked at all times when unsupervised. To access the site, contact the WDN Public Works office at (306) 477 – 2013.
- WDN Community will be notified when the site will be open and available for use without appointment via the community newsletter, the Whitecap mobile app, and/or the WDN website.



Whitecap Dakota Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2
Phone (306) 477-0908 • Fax (306) 374-5899
Website: www.whitecapdakota.com

Memo

To: WDN COMMUNITY MEMBERS

From: Whitecap Workplace Health & Safety Committee (WWH&SC)

Cc: Warren Buffalo, CEO
Sandy Chess, Emergency Management Coordinator

Date: October 4, 2023

Re: **Dogs at Large**

The WWH&SC has received an increased number of complaints of dog(s) running at large and in some cases acting aggressive towards children at play and to drivers picking up tenants up for programming. Please keep in mind the scheduling of programs and ensure your dog(s) are secured for the safety of others.

Your cooperation to ensure the safety of the community is greatly appreciated.

ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES

Hunting on Whitecap Dakota Lands

As per a Whitecap community meeting motion, WDN has requested that Saskatchewan Conservation Officers patrol Whitecap Reserve Lands for unauthorized hunters.

- If you are a WDN Member and hold a status card you may hunt as per usual. *Remember it is necessary to carry your status card while you are out hunting.*
- Non-WDN members with a status card need a written permission slip from the Band and their status card while hunting.
- Non-status individuals must have a valid hunting license and a written permission slip from the Band.

If you have any questions or concerns please contact the Band Office.

Turn in Poachers or Unauthorized Hunters at:

**TURN IN POACHERS
24 HOURS – TOLL FREE
1-800-667-7561
SASKTEL CELL - #5555**

Thank you for your understanding.

The Chief and Council of the Whitecap Dakota Nation and its Members, would like to thank the Dakota Dunes Community Development Corporation (DDCDC) for their contributions to the following Community Events/Projects:

- Buffalo Berry Playground Fence
- CSO Vehicles
- Wheelchair Conversion



We look forward to another successful year in the name of community investment and partnership



WDN On-Reserve Subsidy Programs 2023-24

The Whitecap Dakota Nation has the following On-Reserve Subsidy Programs available to eligible Band members or Community members. These programs sheets can be downloaded from the WDN website under the “Our Community” section under “On-Reserve Subsidy Programs”. The application forms are in PDF fillable format. Click here:

<https://www.whitecapdakota.com/en/our-community/on-reserve-subsidy-programs.aspx>

You may also contact the department office responsible for administering these programs for a copy be sent to you.

Each Subsidy Program contains a description of what is available to apply for, the Eligibility criteria, the Approval Process, Contact Information, and an Application Form.

- **WDN On-Reserve 50/50 Agriculture Projects Assistance Program**
 - Chief Executive Officer (CEO)
- **WDN On-Reserve 50/50 Home Improvement Program**
 - CEO
- **WDN On-Reserve Children’s School Supplies Program**
 - Community School Coordinator
- **WDN On-Reserve DDGL Golf Season Pass Subsidy Program**
 - CEO
- **WDN On-Reserve Market Rent Subsidy Program**
 - Director, Housing & Public Works
- **WDN On-Reserve Minor Sports and Fine Arts Fees Program**
 - CEO
- **WDN On-Reserve Private Home Ownership Program**
 - Director, Housing & Public Works
- **WDN On-Reserve Rent Subsidy and Computer Grant for Skills and Trades Apprenticeship Program**
 - Director, Housing & Public Works
- **WDN On-Reserve Seniors Housing Subsidy Program**
 - Director, Housing & Public Works
- **WDN On-Reserve Seniors Tax Return Service Program**
 - Director, Economic Development & Lands



FITNESS CENTRE PROTOCOL HOURS

Door
Code
Required
for Entry!

6:00 AM to 10:00 PM DAILY

1. In the interest of Community safety, the Fitness Centre door is locked 24-7, 365 and all users must enter a code to gain access. → See page 2*
2. **ENTER AT YOUR OWN RISK.** All users acknowledge, by your use of this facility, that such use is at your sole risk, and that you shall be liable for and shall indemnify the Whitecap Dakota First Nation against any and all claims, actions, liabilities, losses, damages, or expenses relating to your use of this facility.
3. **MUST BE 16+ YEARS OF AGE**
4. **MUST BE A WHITECAP COMMUNITY OR STAFF MEMBER**
5. **MASKING IS OPTIONAL**
6. **LOG-IN AND LOG-OUT.** Enter your name, time entered, and time exited in the logbook in the entrance.

SAFETY RULES:

- If you are experiencing mild, cold-like symptoms including cough, sore throat, and sneezing, without fever, please refrain from entering our buildings.
- No children under 16 years of age allowed in the Fitness Centre
- Pay attention to the safety posters in the Fitness Centre

If you have any questions or concerns, please contact the
Whitecap Band Office during business hours:
8:00am-4:30 pm Monday-Friday: (306) 477-0908

FITNESS CENTRE ACCESS CODE PROCEDURE

EFFECTIVE JULY 6, 2023

Fitness Centre users must sign up for Whitecap's new notification system called  VOYENTALERT!

as this will be the only way we will communicate code changes.

The community code is changed every 2 weeks on Mondays (Tuesdays if Monday falls on a Stat holiday) and a notification will be sent to you via *Voyent Alert*.

In the interest of Community Safety, please do not share the community access code to any person who is not a Whitecap Band member or Community member.

Thank you for your understanding.

Pidamayaye

Security Notice:

- This facility is monitored inside and out by security cameras
- The security alarms are set to automatically disarm shortly before 6am and to arm shortly after 10pm. If you remain in the gym past the scheduled close time, an alarm is generated, and authorities are notified. *Please exit the gym promptly at 10 pm so as not to set off false alarms.*

If you have any questions or concerns, please contact the
Whitecap Band Office during business hours:
8:00am-4:30 pm Monday-Friday: (306) 477-0908



Whitecap Sports Centre Booking Policy for Whitecap Band Members

(Revised January 1, 2024)

1. This booking policy is for Whitecap Dakota Nation (WDN) Band Members only.
2. Band Members must contact the Wellbeing Administrative Assistant to provide details of event: 306-380-5757
3. The Wellbeing Administrative Assistant checks on availability and then relays the request to the Director, Wellbeing Services for approval. Once approved, the Wellbeing Administrative Assistant proceeds with the following:
 - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the Director, Wellbeing Services, and the Band Member.
 - b. Arranges for the collection of the rental fee of \$150.00 from the Band Member and a provides counter-signed copy of the FUA to the Band Member.
 - c. Books the WDN after-hours security person to: open/close the gate to the sports grounds, open/close the sports centre, and to perform inspections of the facility before and after the event.
 - d. Arranges for a refund of \$75.00 to the Band Member provided that the Sports Centre is left in a clean state, there are no damages and there is no missing WDN property. Deductions will be made accordingly based on the inspection report.

Booking Conditions:

- Band Member is responsible for any missing WDN property and/or damages to the Sports Centre and agrees to reimburse WDN for replacement/repair costs.
- The use of the sports centre *includes* use of the kitchen if required; Band Member is responsible to clean the kitchen area and cooking appliances after use.
- No alcohol allowed in the Sports Centre.
- Band Members must bring their own supplies, such as disposable plates, cutlery, coffee/tea, and condiments.
- There is a coffee maker, tea kettle and microwave available for use.

Note:

This booking policy *does not* apply to bookings for the outdoor areas of the sports grounds i.e.) the Dakota Gardens or Sports Centre patio. Please refer to that separate policy for the booking protocol.



Dakota Gardens or Sports Centre Patio Booking Policy for Whitecap Band Members

(Revised January 1, 2024)

1. This booking policy is for Whitecap Dakota Nation (WDN) Band Members only.
2. This booking policy applies to the Dakota Gardens or the Sports Centre Patio.
3. Band Members must contact the Wellbeing Administrative Assistant to provide details of event: 306-380-5757
4. The Wellbeing Administrative Assistant checks on availability and then relays the request to the Director, Wellbeing Services for approval. Once approved, the Wellbeing Administrative Assistant proceeds with the following:
 - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the Director, Wellbeing Services, and the Band Member.
 - b. Arranges for the collection of the rental fee of \$150.00 from the Band Member and a provides counter-signed copy of the FUA to the Band Member.
 - c. Books the WDN after-hours security person to: open/close the gate to the sports grounds, open/close the shower-house washrooms, and to perform inspections of the washrooms and the outdoor area(s) before and after the event.
 - d. Arranges for a refund of \$75.00 to the Band Member provided that the area is left in a clean state, there are no damages and there is no missing WDN property. Deductions will be made accordingly based on the inspection report.

Booking Conditions:

- Band member is responsible for any missing WDN property and/or damages to the shower-house washrooms, the Dakota Gardens or the Sports Centre Patio and agrees to reimburse WDN for replacement/repair costs.
- For events involving the serving of alcohol, the Band member must obtain approval from Council and purchase a liquor license, liability insurance and provide own security staff.

Note:

This booking policy *does not* apply to bookings for the Sports Centre. Please refer to that separate policy for the booking protocol.



**Charles Red Hawk Elementary School (CRHES)
Gym Rental Policy
for Whitecap Band Members**
(Revised April 3, 2023)

1. This rental policy is for WDN Band Members only.
2. Band Members must contact the CRHES Community School Coordinator (CSC) / Administrative Assistant (AA)** to provide details of event.

*** During the summer months of July and August, contact the Administrative Assistant – Band Operations at the Band Office.*

3. The CRHES CSC/AA makes inquiry with the School Principal and the Youth & Community Program Coordinator on availability of gym and then relays the request to the CEO for approval. Once approval granted, the CRHES CSC/AA proceeds with the following:
 - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the CEO and the Renter.
 - b. Collects a rental fee of \$150.00 from the Renter and issues a receipt and a copy of the FUA.
 - c. Books the WDN after-hours security person to open/close the gym and to perform inspection of the facility after the event.
 - d. Arranges for a refund of \$75.00 to the Band Member provided that the area(s) are left in a clean state, there are no damages and there is no missing CRHES property. Deductions will be made accordingly based on the inspection report.

Notes:

- No alcohol allowed in the CRHES Gym or premises.
- The use of the CRHES Gym does not include the use of the Kitchen unless the event is for a wake/funeral or a feast.

Bookings for Funeral/Feast Protocol:

- The WDN will not charge a rental fee if the event is for a wake/funeral.
- The WDN will charge a rental fee of \$150 if the event is for a private, family feast.



Booking Policy for Other Whitecap Indoor Facilities

(Updated April 3, 2023)

Please be advised that the following indoor facilities *are not available* for bookings for private events by Whitecap Band Members:

- **Fire Hall:** no longer available for bookings as it has been converted into office space.
- **Elders Centre:** not available for bookings as is dedicated to programs for Elders and certain health programming by Whitecap staff.
- **Cover-All** (at sports grounds): not available for bookings.

Note:

Please refer to the notices regarding the booking policies for the Sports Centre, the Dakota Gardens or Sports Centre Patio and the CRHES gym.

NOTICE

Be advised that hunting and fishing on the Dakota Dunes Golf Course is strictly prohibited.

REMINDER

Whitecap Dakota Nation

Community Curfew

All persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.



Reminder for ATV/Snowmobile Users!

- Please be respectful of peoples property
 - Stay in ditches and trails
 - Follow all safety rules: helmets, etc.
 - Respect time of day(ATV's are loud, be considerate of neighbors)
- Children under the age of 16 should not be operating an ATV
- Be cautious of children playing and pedestrians

Have Fun and Be Safe!



ATV SAFETY



All Terrain Vehicles, (including side by sides) are specifically designed for off road use and provide a rewarding recreational experience and a valuable tool for those that use them for work. They are not toys, and can cause serious injury or death when operated by the untrained and inexperienced riders.

In Saskatchewan all ATVs are governed by the Saskatchewan All Terrain Vehicles Act (2021)

According to Saskatchewan Government Insurance (SGI), 29 people were killed and 310 were injured in ATV collisions on public roads in the province from 2012 to 2021. However, a majority of ATV crashes and fatalities happen on private roads and aren't included in that data. In Saskatchewan ATVs are the leading cause of hospitalization and death for children 1 to 19 years of age.

In accordance with the Saskatchewan All Terrain Vehicle Act, to operate an ATV, you **MUST** be 16 years of age and have a valid Driver's License.

Youth between 12 and 15 years of age can operate an all-terrain vehicle if:

- they have successfully completed an approved ATV training course, or;
- they are directly supervised by a person who has held a driver's license for the previous year

Following these guidelines will ensure that you make it home safe and sound:

1. **GET TRAINED** – it's important that riders know how to ride their ATV properly. Youth between 12 and 15 years of age **MUST** have successfully completed an approved ATV training course. All riders can benefit from the training.
2. **Wear the Gear**. Saskatchewan ATV Act requires that all ATV riders (including passengers) wear a helmet and goggles (if the helmet doesn't have a face screen), this includes side by sides. Roll cages are not foolproof and in a roll over the driver's head can come in contact with the roll cage or other parts of the ATV resulting in serious head injuries.
3. **Do not allow passengers** unless the ATV is designed to carry a passenger. Single person ATVs are just meant for one person, adding a passenger can create a dangerous imbalance in the ATV, and roll overs are more likely to occur.
4. **The Right ATV** – this is especially true for children. ATVs have warning labels which advises what minimum age is appropriate to riding that ATV. Allowing a child or small person on an ATV that is too large or powerful to handle can have dire consequences.
5. **Ride with a Buddy or Group** – at the very least make sure someone knows where you are going to ride and when you are expected to come back.
6. **Know your Limits** – attempting advanced or tricky maneuvers, without the proper experience and training, can lead to crashes, and serious injuries.

WDN EMERGENCY MANAGEMENT



Office Closure NOTICE

Please be advised that the Government Band Office, Business Centre, Public Works, Health Centre, and Whitecap Early Learning Centre will be

Closed

Monday, February 19th, 2024
(Family Day Stat Holiday)

&

Tuesday, February 20th, 2024
(in Lieu of First Nations Government Day Holiday)

**Normal business hours will resume at
8:00 a.m. on Wednesday, February 21st, 2024**



WDN EMERGENCY MANAGEMENT COLD WEATHER SAFETY TIPS

With the development of cold weather and snowfall upon us, being prepared is the key to staying safe. Below are some tips to help you prepare for cold winter weather.

1) Listen to the weather forecast

- Check the Environment Canada weather forecast and the *Saskatchewan Highways Hotline* before going out.
- **Wind chill** warnings are based on local conditions and are issued when significant wind chills are expected.

2) Plan ahead

- Develop a cold weather **safety plan in advance**. For example, schools could hold recess indoors, outside workers could schedule warm-up breaks, and those involved in winter recreation could reduce the amount of time they spend outdoors.
- Always inform someone of your travel plans and estimated time of arrival.
- Bring extra clothing, sleeping bag or blankets.
- Charge your cell phone.
- BE SURE to pack your Vehicle Winter Emergency Kit.

3) Dress warmly

- Dress in **layers**, with a wind resistant outer layer.
- **Wear a hat**, mittens, or insulated gloves. Keep your face warm with a scarf, neck tube or facemask.
- Wear warm and waterproof footwear. When it is very cold, or when the wind chill is significant, cover as much exposed skin as possible. Your body's extremities, such as the ears, nose, fingers, and toes lose heat the fastest.

4) Seek shelter

- When the wind chill is significant, get out of the wind and limit the time you spend outside.

5) Stay dry

- Wet clothing chills the body rapidly.
- Remove outer layers of clothing or open your coat if you are sweating.

6) Keep active

- Walking or running will help warm you by generating body heat.

7) Be aware

- Watch for signs of frostbite and hypothermia and frostbite (see below).
- Check on Elders to ensure they are warm enough and have sufficient supplies, particularly when the weather is cold or snowy. They might not feel comfortable going outside to shop and may require food, medications, and other supplies.
- The use of alcohol, tobacco and certain medications will increase your susceptibility to cold.



WDN EMERGENCY MANAGEMENT COLD WEATHER SAFETY TIPS

8) Replace your furnace filter. And ensure that the exhaust and intake pipes to your furnace are free of ice buildup. Break off any ice with a stick.

HYPOTHERMIA

- Being cold over a prolonged period of time can cause a drop in body temperature.
- Shivering, confusion, and loss of muscular control (e.g., difficulty walking) can occur.
- It can progress to a life-threatening condition where shivering stops or the person loses consciousness. Cardiac arrest may occur.

What to do:

- Get medical attention immediately.
- Lay the person down and avoid rough handling, particularly if the person is unconscious.
- Get the person indoors.
- Gently remove wet clothing.
- Warm the person gradually and slowly, using available sources of heat.

FROSTBITE

- A more severe condition, where both the skin and the underlying tissue (fat, muscle, bone) are frozen.
- Skin appears white, waxy and feels hard to the touch.
- No sensation - the area is numb or tingling.

What to do:

- Frostbite can be serious and can result in amputation. Get medical help!
- Do not rub or massage the area.
- Do not warm the area until you can ensure it will stay warm.
- Warm the area gradually; use body heat, or warm water (40°C to 42°C). Avoid direct heat which can burn the skin.

PET COLD WEATHER TIPS

- NEVER leave your pet in your vehicle.
- Warm engines attract cats and small animals. Bang your hood before starting the engine.
- Paw patrol. Regularly check and wipe away salt after outdoor walks.
- Keep cats and dogs inside when extremely cold or provide a heated shelter.
- Be alert to signs of animal hypothermia: shivering, whining, sluggish or anxious behaviour.

LIVESTOCK COLD WEATHER TIPS

- Provide adequate shelter to get out of the wind when needed.
- Provide adequate calories, horses expend more calories keeping warm in extreme cold.
- Provide a constant source of water to prevent winter colic.
- Blanket as needed to help protect against wind.